



BlueCross BlueShield of Illinois



## Virtual Visits Are a Timely Solution for This Cold & Flu Season

You've been wearing a mask. You've been washing your hands. You've been practicing safe social distancing. But you still got a cold or the flu. What now?

Consult with a board-certified doctor without ever leaving home. Virtual Visits, provided through Blue Cross and Blue Shield of Illinois (BCBSIL) and powered by MDLIVE<sup>®</sup>, provide fast access to a doctor by phone, online video or mobile app.

Powered by  
**MDLIVE<sup>®</sup>**

## Don't risk crowded doctors' offices, or waiting weeks for an appointment, or costly urgent care or ER bills. Virtual Visits feature:

- 24/7 access to an independently contracted, board-certified MDLIVE doctor
- Access via phone, online video or mobile app from almost anywhere
- Average wait time of 10-15 minutes

Virtual Visits are a convenient, cost-effective alternative for treating more than 80 non-emergency health conditions, including:

- Allergies
- Cold/Flu
- Fever
- Headaches
- Nausea
- Sinus infections

**Virtual Visit doctors can even send an e-prescription to your local pharmacy.**



**Activate your MDLIVE account today:**

- Call MDLIVE at 888-676-4204
- Go to [MDLIVE.com/bcbsil](https://MDLIVE.com/bcbsil)
- Text BCBSIL to 635-483
- Download the MDLIVE app



Virtual Visits may not be available on all plans. Non-emergency medical service in Montana and New Mexico is limited to interactive online video. Non-emergency medical service in Arkansas and Idaho is limited to interactive online video for initial consultation.

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