

2026

850 pts	MAY	May 1-Jul 30: Download New App & Take Health Assessment - 500 points <i>(Complete before 7/30 to receive 250 additional points)</i> May 7: Vitality Webinar	750 points 100 points
1,250 pts	JUNE	Jun 1-5: Wellness Week Jun 22-26: Pride Month Rainbow Plate	1,000 points 250 points
300 pts	JULY	Jul 1-30: 30-Day Burpee Challenge	300 points
300 pts	AUGUST	Aug 3-28: Hydration Challenge	300 points
300 pts	SEPTEMBER	Sep 14-19: Bike to Work <i>(or 5 mile bike ride or 1 mile walk)</i>	300 points
100 pts	OCTOBER	Oct 19-23: Breast Cancer Awareness Walk	100 points
750 pts	NOVEMBER	Nov 2-27: Fall Step Challenge Nov 9-13: Veteran's Day Word Search	500 points 250 points
250 pts	DECEMBER	Dec 1-12: 12 Days of Exercise	250 points

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250 pts	JANUARY	Jan 11-15: Digital Detox Bingo	250 points
100 pts	FEBRUARY	Feb 8-12: Benesch Cultural Alliance Walk	100 points
1,100 pts	MARCH	Mar 1-Apr 16: 5K Challenge Mar 1-Apr 16: Step Challenge Mar 8-12: International Women's Day Word Search	350 points 500 points 250 points
250 pts	APRIL	Apr 19-23: Earth Day Plogging/Pliking Challenge	250 points